

Do you understand now why I keep urging you to often go to confession, at least once every three months? Saints go to confession much more often. Someone once said to me that a Saint should have to go to confession but once a year, to which I replied: „No, a Saint would go to confession every week!“ We are humans, and it is still the case that we keep incurring smudges, even lapse into sin? If the SAVIOUR enters a heart, dirty and full of filth, then first of all there is not so much space for Him in this heart, because the dregs are still in it and secondly it becomes mixed, so that nothing pure can come out. Therefore you make yourself spotless clean through holy Confession time and again. By doing so we provide the SAVIOUR with a good-looking body. But if we say: „I just go to confession to be clean again,“ then this confession is not valid. Confession is valid if you make a firm resolution of sinning no more, and if you say to GOD: „I do not want to commit sin for the future, but You must help me!“ Amen!

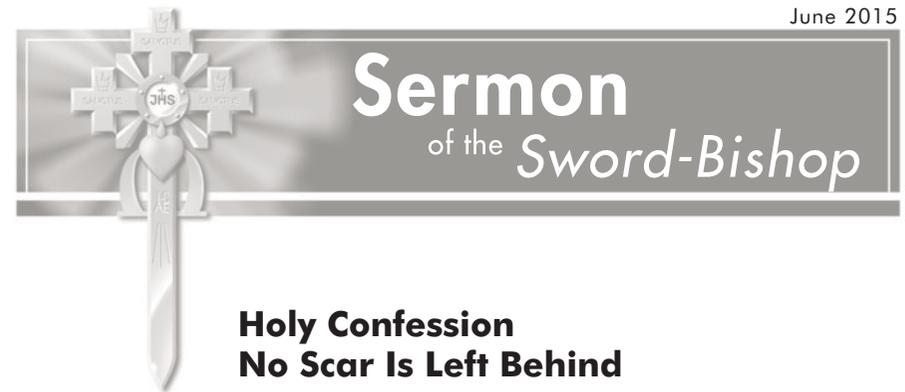
Excerpt from the sermon of 23 February and 26 October 2014



Schwert-Bischof  
JESU CHRISTI

**Be blessed by GOD TRINITY,  
the + FATHER and the + SON  
and the + HOLY GHOST. Amen!**

Schwert-Bischof  
JESU CHRISTI  
sb.



# Sermon

of the *Schwert-Bischof*

## Holy Confession No Scar Is Left Behind

My dearly beloved, as children we used to be taught that one should be hugely respectful when receiving Communion, that it is something great, something holy. It is GOD and therefore one should be very pious! But I wonder whether the SAVIOUR will not be scared when people out of sheer reverence have a desperately sad, serious look on their faces as if they were attending a funeral banquet. Well, I do not want anyone to come to the communion-rail laughing either, but please do be relaxed towards GOD, because only in this way GOD will be able to fill you. If your heart is open, GOD will be able to fill it, provided you have sanctified yourself through Confession. The soul is just as hungry and thirsty as the body is. She is connected to the body. Therefore, we should receive the Sacraments for they satisfy the hunger and thirst of the soul.

We, Catholics, have the Sacrament of redemption – Confession. GOD complies with our wishes down to the tiniest detail. Through contrition, even if it were only contrition of fear, sins are forgiven; however, the punishment of sin remains. If you repent and speak: „LORD, I will do my best, I will not commit this sin again!“ then this wound will close, but a scar is left behind. Scars can quite often itch. And so it is with sin. It will be an ever recurrent point of attack for the Evil One because the scar is still there, can still be felt. But when you go to confession, no scar is left behind. I recommend you to go to confession once a month or at least once every three months – the Church even goes so far as to say that one should go at least once a year, if possible at Easter.

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Another comparison: If you merely repent and not confess your sins, a kind of coffee dregs from sin will remain in your heart. When GOD now fills up your heart anew, you will have another coffee, because the dregs are still in it. However, if you confess your sins, even these dregs disappear. That is the difference. Your heart will again be totally pure as it was after Baptism.

There is something else you will receive through the Sacrament of redemption, something you do not receive by contrition alone: new grace and strength. Even your merits will be purified and reinstated and you will be pleasing to GOD. Believe me, Confession is a real redemption! The priest will help you if you do not know how it works.

### **A Contrite Heart**

Maybe you think: „Though I promised to sin no more, still I lapsed into sin again ...,” and you have a bad conscience. Oh, it would be nice if you thought that way. Do you know why? Because the SAVIOUR said: „A contrite heart is pleasing to GOD.” Then you have humility and that is what GOD likes. Then He will gladly forgive you through the words of the priest: „Your sins are forgiven!” – After the examination of conscience someone once asked the SAVIOUR in the Tabernacle for forgiveness. I saw the SAVIOUR telling him: „Your request has been granted. Now go to My priest at the confessional and tell him. He will forgive you your sins in My Name.” In His Name! It is not we, priests, who can say: „All right, you have no more sins,” but we must say in the Name of GOD: „I absolve you of all your sins in the Name of the FATHER, of the SON, of the HOLY GHOST.”

It is up to you to decide where you prefer to go: to the psychiatrist, to the psychologist or to the confessional? It is true that the psychiatrist or psychologist can help you as well: you can lie down for a moment, you can tell him everything which bothers you. You have the feeling that he understands you and you will feel relieved. But the interesting thing – which I noticed – is that these people must visit them again and again and ever more frequently. The difference is: these treatments cost money, the confessional is for free. And what

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is even more important: the psychiatrist or psychologist cannot free you from guilt, only the consecrated priest can.

### **„Child, When Will You Come Back”**

Even if I were a terrible sinner, would GOD’s love for me not even grow all the stronger? I have never heard GOD say to anyone: „You are wicked! I am through with you!” In the Most Holy TRINITY I see only one thing: „Child, when will you come back?” Is it not the greatest stupidity to keep this loving GOD waiting and to not dare go back to Him? I would not wait long at all, but go to confession as soon as possible. I would even already say at home: „LORD, have mercy on me, a sinner! I am sorry, I want to make a new start. Please help me! I will go to confession at the next opportunity so that You may forgive me everything!”

Do not be afraid to confess because the Evil One usually tends to make you believe: „Ah, the confessional! You will have to feel ashamed before the priest. Do not go and tell him this fault, what will the priest think of you!” GOD has made it so easy for us. Do not become confused if the priest has to help you again and again and perhaps hears very embarrassing sins, which you would rather not reveal. The priest can forget them, thanks to grace. The priest will only have great respect when a sinner enters the confessional and makes a sincere accusation of his sins.

### **Why Go to Confession so often?**

What is the Church? Not the Vatican in the first place or the church buildings made of stone, no, the faithful are the Church. But the faithful cannot simply exist by themselves, this power, this effusion of grace is required, which the SAVIOUR has passed on to His Apostles, the Apostles to the Bishops and the Bishops to the Priests. So, mystically, we are the body of CHRIST and CHRIST is the head. Consider: if we are the mystical body of CHRIST, does the SAVIOUR have a beautiful body, immaculate, without sin, or does He stand before the FATHER and the HOLY SPIRIT with a terribly festering, stained, sinful body?

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